



When you Read to your Baby

- * Your baby hears you using many different emotions and expressive sounds, supporting *social and emotional development*.
- * Your baby can look, point, touch, and answer questions, developing *social and thinking skills*.
- * Your baby copies sounds, recognizes pictures, and learns words, developing *language skills*.

Reading aloud makes a connection between the things your baby loves the most — the sound of your voice and physical closeness to you — and books.

When you read with joy, excitement, and closeness, your baby connects books with happiness —

a new reader is created!

Adapted from Nemours KidsHealth
kidshealth.org/en/parents/reading-babies.html

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— READ. LEARN. DREAM. —



Tips for Selecting Books For Babies 0--12 Months

Choose board books with...

1. Few words
2. High contrast...black & white or bright colors
3. Faces!
4. Rhymes
5. Noises and silly sounds
6. Touchability... different shapes, flaps, textures
(be prepared to clean up after baby hands & mouths)
7. And fun for you, too!

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